

Adult Survivors of Child Abuse

- Cowra Support Group -

Responsibilities

- Of the co-ordinator
 - advertise the group using media release, leaflets, and cards
 - respond to telephone inquiries and meet potential members
 - ensure a safe meeting venue is available
 - facilitate the meetings
 - make decisions in alignment with the group's meeting agreement – either without consultation if straight forward, or by attempting to contact the attendees of the previous meeting
 - provide meeting notes via email to virtual members on the current yearly email list

- Of the attending survivors
 - adhere to the confidentiality requirement
This also applies to any survivor receiving the meeting notes via email. Such notes are not to be forwarded on – members on the current yearly list only will receive the notes via the co-ordinator.
 - do not disclose the meeting venue to ensure the venue remains safe
 - adhere to the meeting agreement as made available at each meeting
 - use one of the group safety cards to further ensure emotional safety during meetings
When you feel uncomfortable enough that you wish for a bit of silence to regroup or you wish for a change of topic, raise a card to the group. It is to be interpreted as an invitation to pause for a while. The purpose of the card is to protect oneself; not to pre-empt which emotions someone else might go through as we are not mind-readers. The card is a tool to protect self from being unintentionally hurt.

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Disclaimer: The details of such responsibilities are for the smooth running of the Adult Survivors of Child Abuse - Cowra support group. It may not entirely suit your support group. Please use and adapt as suited. Consult health professionals if in doubt and seek advice.